

1949, that part of the section on Normal Psychology should be included in Part I of the Preliminary Examination Syllabus and part in Part II be rescinded, and that the whole of the section on Normal Psychology be included in Part II of the Preliminary Examination, and that the Minister of Health be asked to approve the necessary amendments to the Rules.

Approval of Training Schools were withdrawn, approval of Hospitals as Training Schools approved, and Pre-Nursing Courses were approved.

After the routine business, the Council went *in camera* to consider the financial position of the Council; to consider the proposals in connection with the alteration to be made in the Written Examinations for the future conduct of the Preliminary and Final Examinations when they are put into operation; and to consider the following motion submitted by Mr. Diamond, member of Council:—

"That this Council is of the opinion that expenditure on Nurse Training Boards of Governors of Teaching Hospitals should be defrayed by Standing Nurse Training Committees."

#### Next Meeting of the Council.

The date of the next meeting of the Council was fixed for July 22nd.

#### Registration of Sister Tutors with Existing Qualifications.

With the approval of the Minister of Health, the closing date for applications from nurses with existing qualifications for the Council's Certificate of Registration as Sister Tutor has been extended from December 31st, 1947, to December 31st, 1949.

All applications found ineligible on account of having been made after the original closing date will be reconsidered, and applications are invited from any other nurses holding the requisite qualifications who desire to take advantage of the extended closing date in order to apply.

It is emphasised that the alteration in the date applies only to the date by which application must be made, and does not affect the dates at which the relevant qualifications must be held—viz., a recognised certificate dated prior to December 31st, 1946, or two years' whole-time experience in the teaching of nursing prior to December 31st, 1939.

### Appointments.

#### Matron.

ST. MARY'S HOSPITAL, PADDINGTON, LONDON, W.—Miss K. G. Douglas, S.R.N., has been appointed Matron. She was trained in the Nightingale Training School of St. Thomas' Hospital, London, where she has recently held the appointment of Assistant Matron.

HELLINGLY MENTAL HOSPITAL, HAILSHAM, NEAR EASTBOURNE.—Miss Gertrude M. Bradley, S.R.N.; R.M.N., has been appointed Matron. She was trained in General Nursing at St. Bartholomew's Hospital, London, and in Mental Nursing at the Claybury Mental Hospital, Woodford Bridge, Essex, and has held the post of Assistant Matron and Sister Tutor at the Shenley Mental Hospital, Herts, and Deputy Matron at Springfield Mental Hospital, Tooting.

#### Deputy Matron.

GENERAL INFIRMARY AT LEEDS.—Miss F. E. Shaw, S.R.N., D.N., has been appointed Deputy Matron. She was trained at the Leicester Royal Infirmary, and served with the Territorial Army Nursing Service as Home Sister and Sister in Charge V.D. Division. Miss Shaw has also been Senior Night Sister at the Derby Royal Infirmary, and Home Sister and Relief Administrative Sister at the Birmingham Children's Hospital.

### Over 5,000 more Hospital Nurses.

LATEST figures for nursing and midwifery staffs in hospitals in England and Wales under the National Health Service continue to show a steady improvement. By March of this year nursing strength had increased by 5,600 compared with six months earlier, bringing the total to 137,600.

This figure includes 21,600 part-time workers—2,600 more than in September, 1948. Student nurses have increased by 2,578 to 45,300 in the same period. The numbers of full-time midwives in hospitals rose from 4,381 to 4,813; pupil midwives from 3,184 to 3,677, and part-time midwives from 809 to 888.

A further improvement in domestic staff has also been shown in the same six months, full-time staff increasing from 99,733 to 100,514 and part-time from 23,131 to 25,065.

### Food and its Problems.

WE were invited to a gathering of representatives of women's organisations at St. Ermin's Hotel, Westminster on June 16th last to hear a discussion on pressure cooking and to hear a short address on "Some Present-Day Nutritional Problems" by Professor John Yudkin, M.D., Ph.D., F.R.I.C., Professor of Psychology at King's College of Household and Social Science (University of London), with Mrs. A. W. Wakefield, B.A., President, National Council of Women, in the Chair.

Professor Yudkin opened his Address by referring to the vast organisation needed to feed the peoples of the world, with famines occurring from time to time in parts of Asia, India and Africa.

He surprised us by saying that one finds vast numbers of under-nourished people even in the U.S.A.

Ways must be found to increase food production throughout the world, and that a more equal distribution of the world's foodstuffs must take place.

He said how urgent it was to avoid all forms of waste, and to conserve nutritional values in food.

Professor Yudkin brought his talk round to the subject of Pressure Cooking, which method had been known for 20 years, but which was now becoming more popular.

A director from the firm of Platers and Stampers Ltd., the makers of the "Prestige" Pressure Cooker, gave a short talk on the advantage of pressure cooking, most especially in connection with the cooking of vegetables.

This firm has just put upon the market the "Prestrig Whistling Kettle." When the kettle boils there is an attachment to the kettle which automatically operates the cover of the spout, preventing any scalding of fingers in the process.

The price of this kettle in heavy gauge drawn aluminium is 17s. 6d., and in heavy gauge copper 29s. 6d.; capacity 4½ pints in each case.

### What to Read.

#### MEMOIRS AND BIOGRAPHY.

"The Second World War, Vol. II, Their Finest Hour." Winston S. Churchill.

#### FICTION.

"Dayspring." Harry Sylvester.

"No Month but May." Vera Wheatley.

"The World is Not Enough." Zöe Oldenbourg.

"Bow Window in Green Street." D. A. Ponsonby.

"Holiday for Laughter." Vian C. Smith.

"Fabled Shore." Rose Macaulay.

"The Gesture Comes First." Parr Cooper.

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